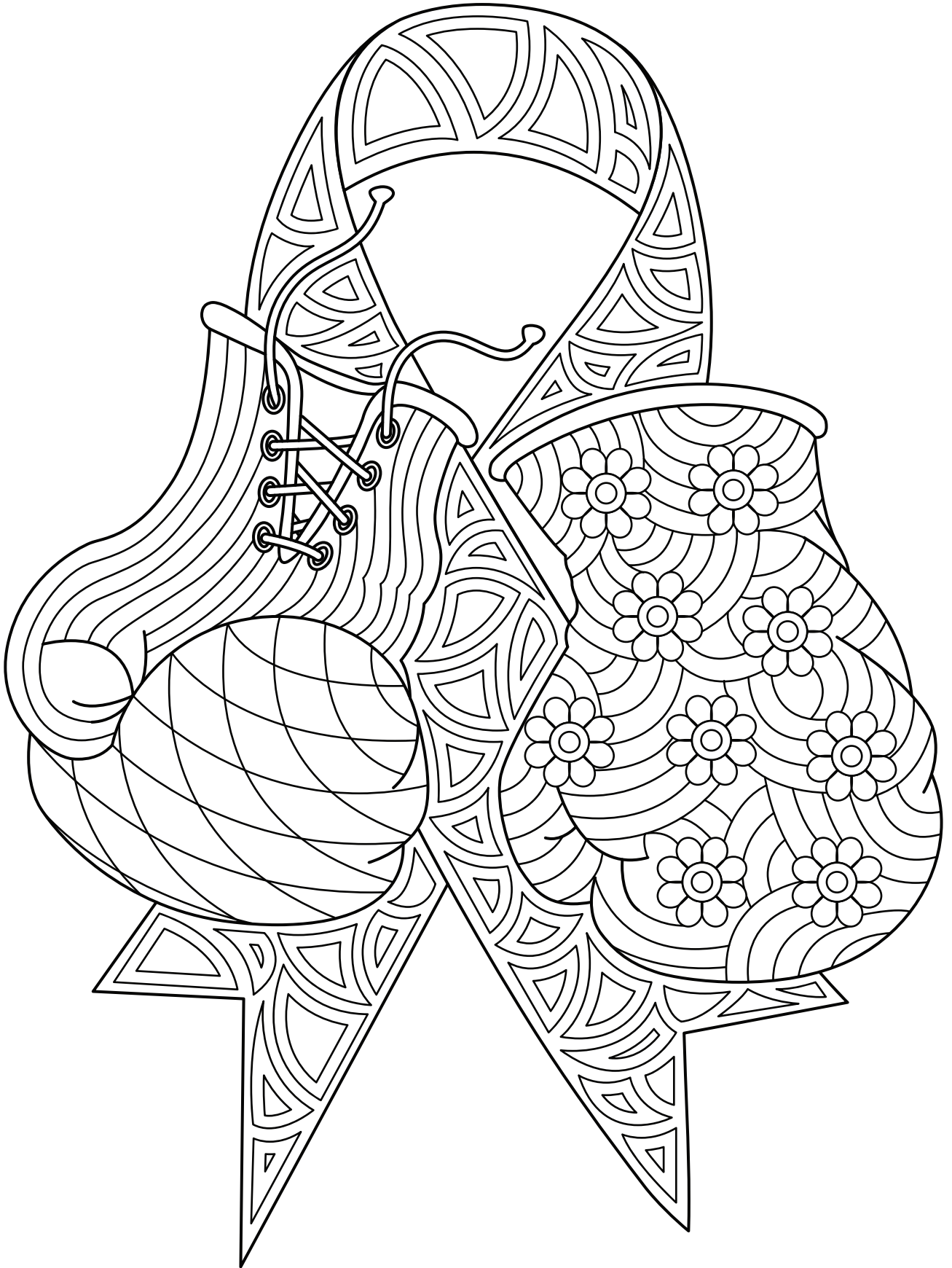


Stress-relieving coloring
for grown-ups

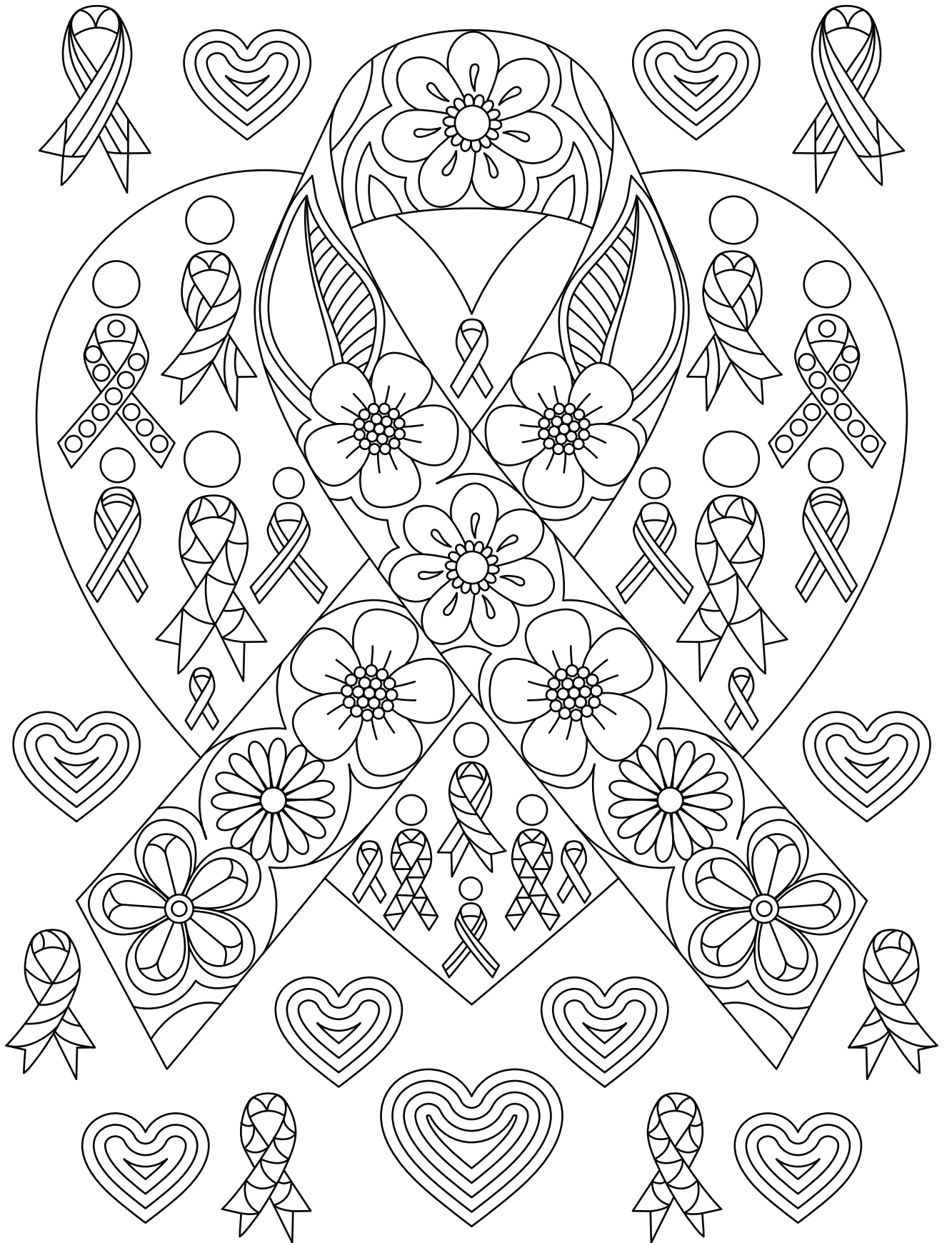
COLOR Comfort

Hues of Healing





Fight Back



Life After Cancer



*“There can be life after breast cancer,
but you have to be the one to
say ‘I’m going to live that life.’”*

–Ann Jillian





Survive and Conquer



*“Cancer is a word,
not a sentence.”*

– John Diamond





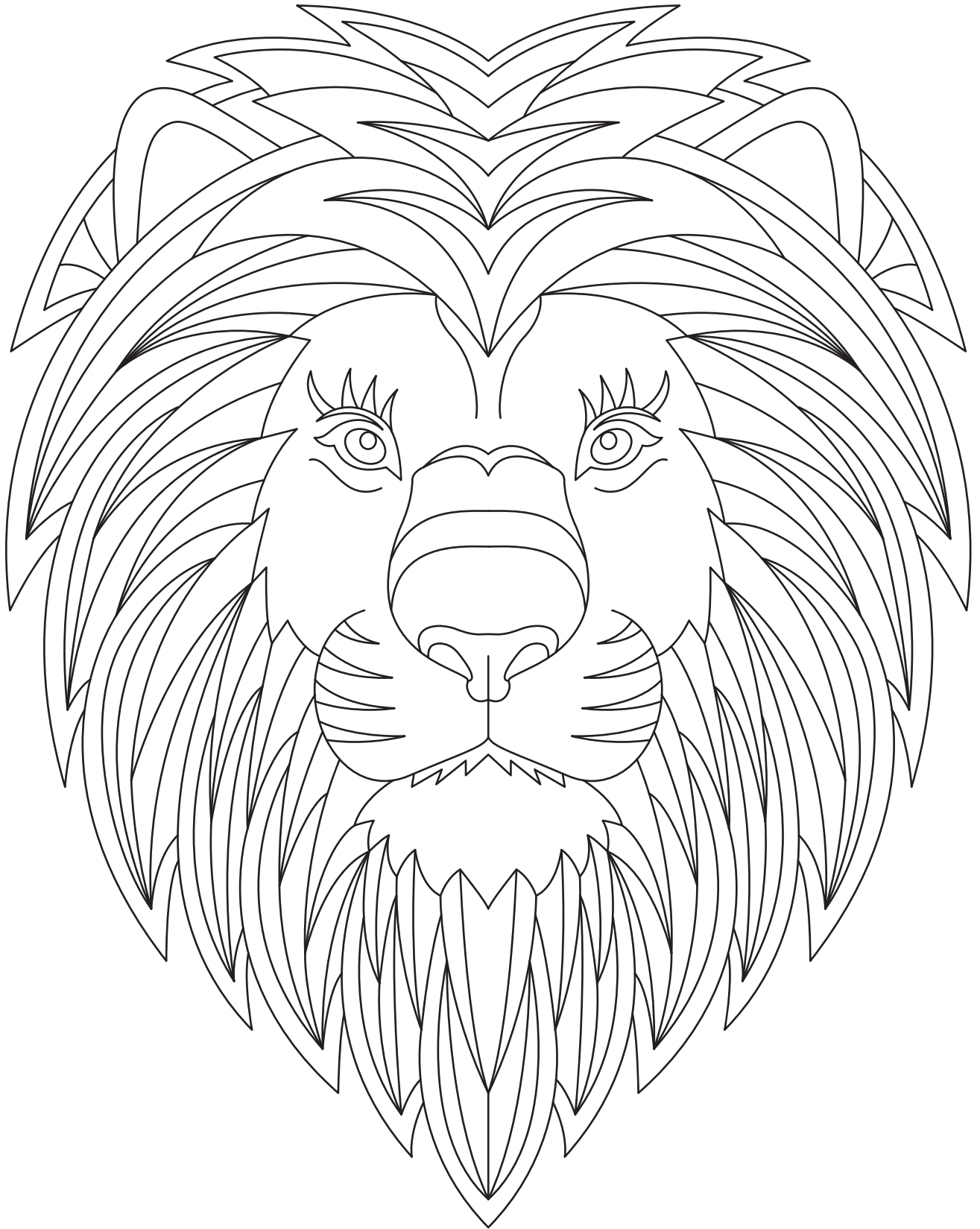
Seek Strength



*“You gain strength, courage,
and confidence by every experience
in which you really stop to look fear
in the face. You are able to say to yourself,
‘I have lived through this horror. I can take
the next thing that comes along.’ You must
do the thing you think you cannot do.”*

—Eleanor Roosevelt





Quiet Courage



*“Courage doesn’t always roar.
Sometimes courage is the quiet
voice at the end of the day saying,
‘I will try again tomorrow.’”*

–Mary Anne Radmacher





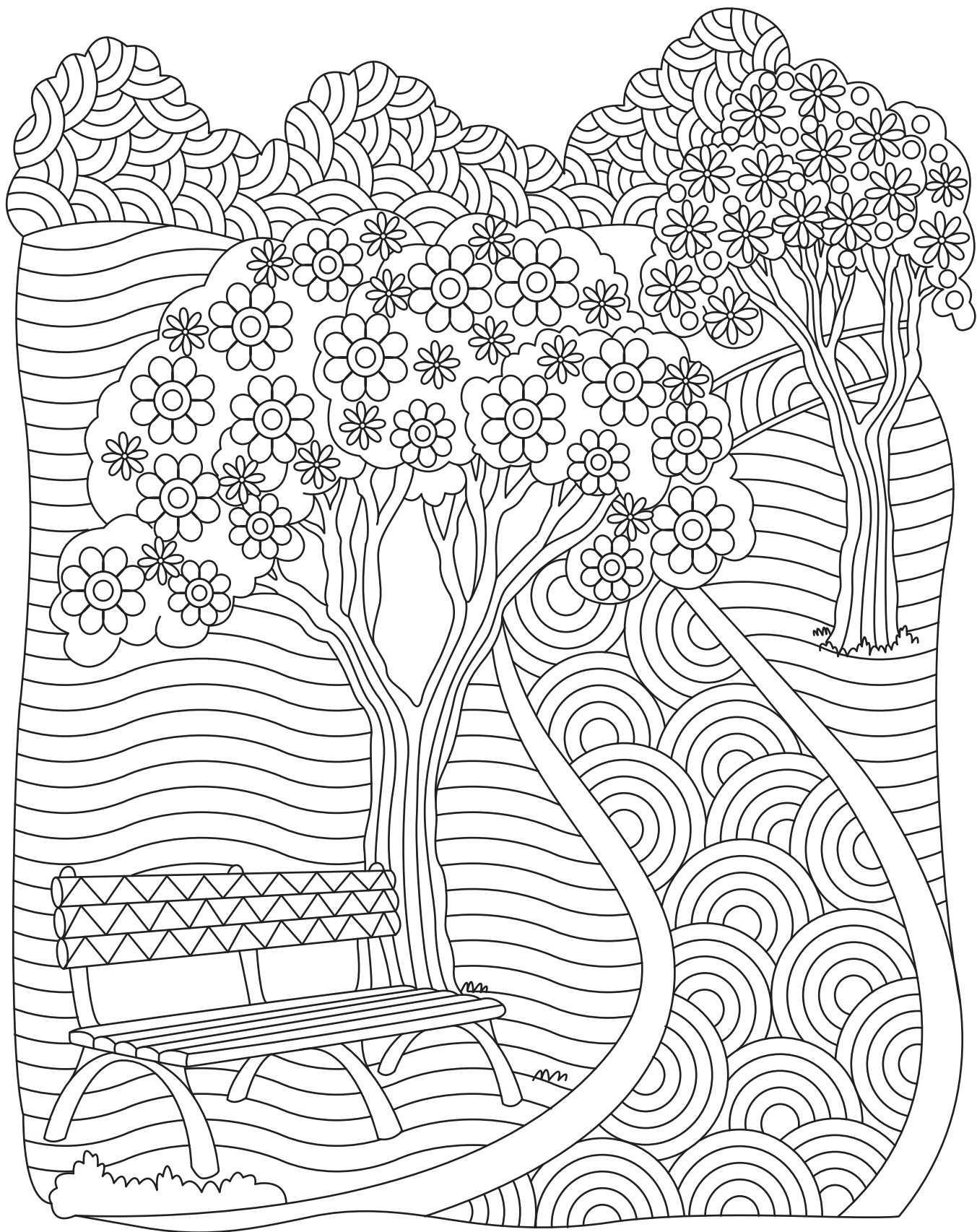
Hope for Tomorrow



*“There is no medicine like hope,
no incentive so great, and no tonic
so powerful as expectation of
something tomorrow.”*

—Orison Swett Marden





Transformative Journey



“Cancer is a journey, but you walk the road alone. There are many places to stop along the way and get nourishment—you just have to be willing to take it.”

—Emily Hollenberg, survivor





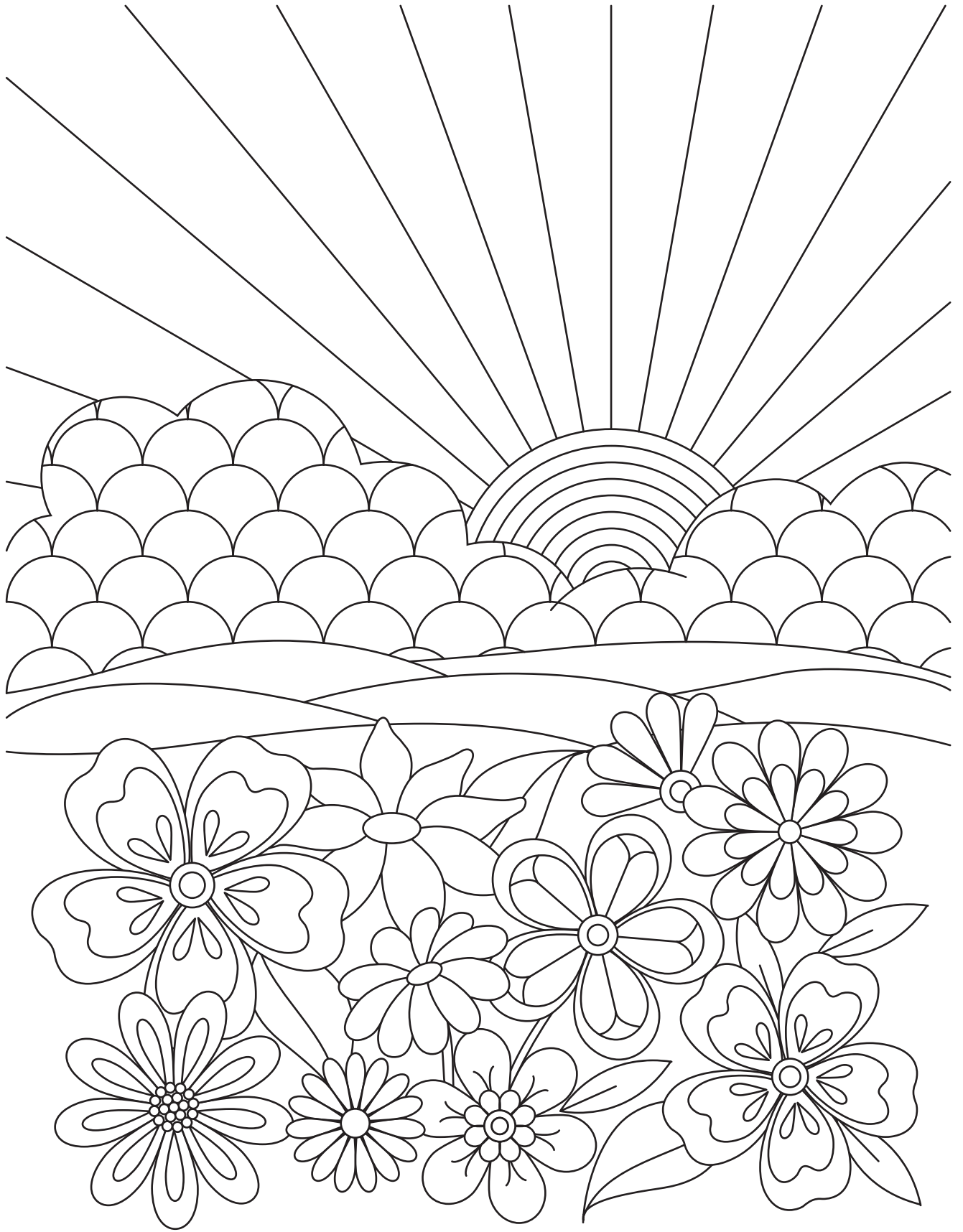
Powerful Spirit



*“The human spirit is stronger than
anything that can happen to it.”*

–C.C. Scott





Shine On



*“Turn your face to the sun and
the shadows will fall behind you.”*

–Maori proverb





Freedom from Fear



*“Once I overcame breast cancer,
I wasn’t afraid of anything anymore.”*

–Melissa Etheridge





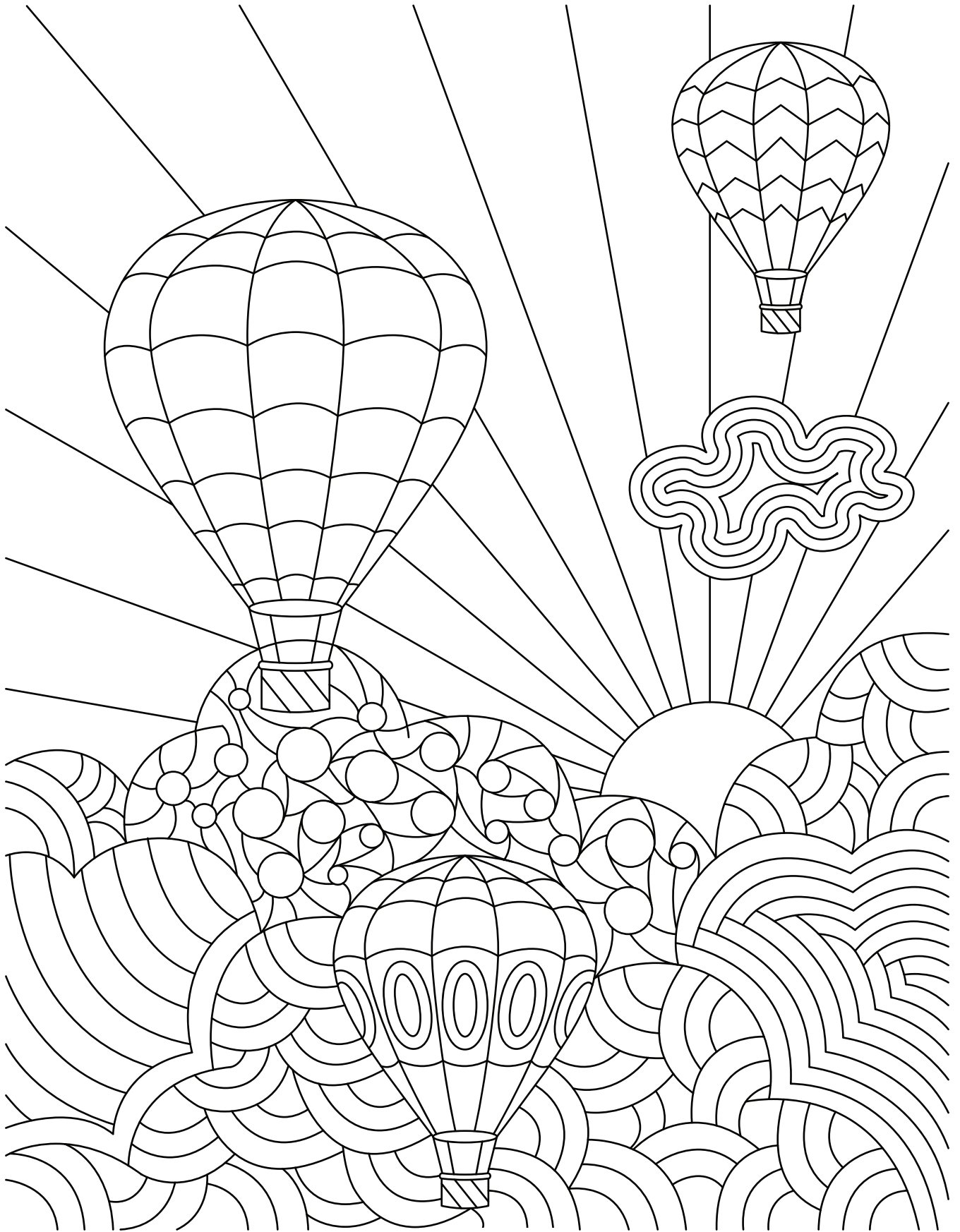
Positive Change



*“Breast cancer changes you,
and the change can be beautiful.”*

– Jane Cook, survivor





The Sky's the Limit



Turn your face to the
sun and the shadows
will fall behind you.

–Maori proverb

